

SEARCH AND RESCUE ACADEMY EQUIPMENT LIST-2024

This is the minimum equipment you are required to have to attend the SAR Academy.

Black Boots: Lace up type. 8" to 10" top (shaft) / *Gore-Tex is a plus!!!!* **Ensure they are broken in! Wear them every day for at least a week before the Academy**

Tennis Shoes: (*Don't bring your best pair!*)

White T-Shirts: Minimum of four crew neck (***NEW not used! Do not wash! Plain white - no logos or writing, no pockets***).

Sweatshirt: Long Sleeve - Gray if you have them (*any color will do*).

Sweat Pants: Gray if you have them (*any color will do*).

Jeans: Minimum of 2 pair "Don't bring your best pair" **"Wear one of your pairs of jeans on first day"**

Leather Gloves: Heavy duty with full fingers

Socks: Wool or synthetic / no cotton - minimum of 8 pair.

Long Underwear: Minimum of one pair, Polypropylene tops and bottoms.

Rain Pants & Jacket: heavy duty

Folding Saw: You will need this for shelter building

Heavy Flannel or Wool Shirt: Long Sleeve, any color is fine.

Sleeping Bag: Rated at least to +20°. Must be a bag you can pack in or on a backpack. **Do not buy a flannel bag!** Get a nylon shell mummy type bag with synthetic fill.

Sleeping Pad: An insulated, closed cell foam sleeping pad. Pad will be used for 20-mile hike so make sure it's not huge and can be attached to a pack easily.

Locking pocket knife or Multi-tool: A Leatherman (or similar) is recommended. To be carried in your pocket at all times during the Academy.

Belt: Belt used to hold your pants up. Heavy Duty Black Nylon or leather.

Water Proof Match Container: Plastic, screw top. Cheap and easy to find

Matches: (UCO Stormproof matches @ REI)

Pen(s): Ink pens to be carried in your pocket at all times, at least 3

Watch: To be worn at all times during the academy

Toiletries: Toothbrush, toothpaste, 3 towels, comb, 2 washcloths, soap, shampoo, deodorant, *foot powder, shower shoes, mole skin blister treatment, (We supply the toilet paper)* razor if you are shaving. Males are required to be clean-shaven at all times. Females are required to wear their hair up and off of their shoulders. Also bring plenty of bug spray.

Headlamp: Any type will do (but LED is recommended), bring at least two sets of extra batteries.

Poly Tarp: 8' x 10' Minimum size

Utility Cord: Minimum 50 feet.

BDU pants: Minimum: 1 pair khaki (*BDU.com – Propper Poly/cotton ripstop Khaki BDU pants*) (**Do not wear on first day**)

A Good Attitude: If you forget yours at home the Search and Rescue Team Leaders will be able to supply you with one right away.

See one of the Team Leaders if you need assistance with acquiring any of these items, we may be able to help.

Put initials on socks, sweatshirts, jeans, BDU'S, underwear, or any other item that will need to be washed.

Helpful Hints

You are responsible for all of your equipment while at the Academy. You will be expected to keep track of it, and take proper care of it at all times. You will be held accountable for equipment lost or damaged by negligence, even if it is your own.

Laundry equipment will be available at the Academy and you will be afforded the opportunity to use it. **Must be marked with initials to ensure you receive it back.**

Showers and sinks will be available and you will be inspected every day to insure you are maintaining proper personal hygiene. You will be sharing sleeping quarters with seven other recruits so keeping yourself clean is mandatory. Those who do not are usually 'encouraged' to do so by their fellow tent mates.

Bear in mind that once the Academy begins that you CANNOT QUIT! Besides, if you've made it this far the Academy will offer you no challenge that you cannot handle.

There are no stupid questions. If something is not clear or right in your own mind *ASK!*

Show proper respect to all Academy Staff, pay attention, and follow their instructions.

Memorize these two words: '**Can Do**'

You are completing the first steps of which will be a very rewarding life experience. There is no greater calling than helping others in their time of need and you are about to become a major player in the life saving mission of the Linn County Sheriff's Office. Take great pride in that and in yourself for being a part of it.